

Wesley Anderson, DCH
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05/22/07

Dear Terisha,

A few months ago if I lifted my left arm halfway up I got a tinge (ouch) and there was no way that I could lift it all the way overhead. My chiropractor diagnosed it as frozen shoulder. Needless to say I was not one of those happy campers that we hear so much about.

I noticed an immediate increase in the range of motion in my shoulder after our first session. And, I've been delighted that with a terrific Terisha massage every couple of weeks and daily stretching that I can now lift my left arm almost completely overhead with just a little twinge. I've even been able to start light weight training again!

Having been a massage therapist myself in years past, I can really appreciate your extraordinary skills and extensive training. Your dedication, and the love that you pour into your work have been evident in every session. And, I admire the rare, high levels of professionalism and business savvy that you bring to your massage practice from your previous life in corporate America.

I am grateful for all your help, and I am looking forward to our next session.

Sincerely,

Wesley Anderson, DCH